

Cheat Sheet

Getting ready for the first week back to school



Get all uniform laid out with bags, shoes and coats, and create a changing station or laid out in their bedrooms



Set an alarm before your kids so you can have a cup of tea or coffee before the chaos starts



List all the items you need and hang it where you are likely to see it



Write your list of tasks to do once the kids have gone to school or whilst you are having morning coffee or tea

